

Champion Building Report

Submitted before each Coordinated Health Council meeting

Champions: for guidance on when and how to use this, see the *INtegrate Champion Manual*.

Please complete this short report before each Coordinated Health Council meeting. It should take about five to ten minutes. Your answers are documented and help the group support you and your building over time.

A quick tip. When you describe an activity, include the timeframe. For example: “We sponsored weekly group exercise classes for staff every Wednesday afternoon this quarter.”

Your information

CHAMPION NAME

BUILDING / DEPARTMENT

MEETING DATE

REPORTING PERIOD

Your building since the last meeting

1. What INtegrate activities happened in your building? (Include the timeframe for each.)

2. Current participation or wins — what is going well?

3. Challenges or barriers — what is getting in the way?

4. Resources or help you need — how can NuStart or the district support you?

5. One thing you would like to share with, or ask, the group.

Quick check-in

Two quick ratings so we can track how things are going in your building over time.

Staff participation and engagement in my building this period:

1 = low 2 3 4 5 = high

How supported I feel in my Champion role this period:

1 = not supported 2 3 4 5 = well supported

Submit this report before each Coordinated Health Council meeting. Questions? Email info@nustarthealth.com.