

# Hummus



**MAKES 10 SERVINGS**

**Ingredients:**

- 1 small can chickpeas or garbanzo beans
- 1/3 c unsalted tahini (sesame seed butter)
- 1/2 c lemon juice, more or less to taste
- 1 1/2 tsp Himalayan salt
- 1 clove garlic to taste
- 1/4 tsp cumin

**Directions:**

Combine all ingredients in a food processor. Transfer to a bowl and sprinkle with paprika. Enjoy with fresh vegetables.