

# Blueberry Power Salad with Lemon-Herb Vinaigrette



MAKES 4 - 6 SERVINGS

## SALAD

### Ingredients:

- 8 c mixed greens
- 1 c fresh blueberries
- ½ c walnuts, chopped
- 1 avocado
- 1 c cooked red quinoa

## DRESSING

### Ingredients:

- ¼ c olive oil
- 2 Tbsp lemon juice
- 1 tsp apple cider vinegar
- 1 garlic clove
- ½ tsp honey
- 1 c fresh basil
- Salt to taste

## Directions:

### SALAD

Place the dressing ingredients in a small mixing bowl or blender. Blend the dressing ingredients. Add water as needed to thin out dressing if it is too thick. Place the salad ingredients into separate serving bowls. Plate the salad ingredients and drizzle with the dressing.

### DRESSING

Place all ingredients in a mason jar. Cover and shake until fully combined.