



COCOA DATE BALLS

MAKES 9 SERVINGS

Ingredients:

- ½ c pecans
- 1/3 c almonds
- 1 ⅓ c dates (pitted or chopped)
- 3 Tbsp shredded unsweetened coconut
- ½ tsp vanilla extract
- 1-2 Tbsp unsweetened cocoa powder (your preference)
- 2-3 Tbsp liquid (can use almond milk, water, etc.) Note: Start with 2 Tbsp. If mixture is too dry to roll into balls, add additional liquid until mixture is softer.

Directions:

Combine all ingredients in food processor. Roll into small balls and store in fridge or freezer for a quick snack. Roll in shredded, unsweetened coconut or sprinkle with unsweetened cocoa powder for variety and nice presentation.